

QUICK TIPS & GUIDES

Working with Individuals who use stimulants: Reordering Priorities

Presenter: Richard Rawson

Quick Tips

- Methamphetamine Factsheet ([PDF](#))
- Methamphetamine Patient Education ([PDF](#))

Guides

- Bureau of Substance Addiction Services (BSAS); Integration of Care for People who Use Stimulants into Substance Use ([PDF](#))
- Substance Abuse and Mental Health Services Administration (SAMHSA): Treatment of Stimulant Use Disorders, Evidence-Based Resource Guide Series ([PDF](#))
- Substance Abuse and Mental Health Services Administration (SAMHSA). Prescription Stimulant Misuse and Prevention Among Youth and Young Adults ([PDF](#))

Articles

- Dropout Rates of In-person Psychosocial Substance Use Disorder Treatments (2019) ([PDF](#))
- Interest in Reducing Methamphetamine and Opioid Use Among Syringe Services Program Participants in Washington State (2020) ([PDF](#))
- Neurobiology, Clinical Presentation, and Treatment (2020) ([PDF](#))

Clinical Recognition of Stimulant Use Disorder (StUD)... Including Methamphetamine

Presenter: Frances Southwick

Quick Tips

- Single Question SUD Screener ([PDF](#))

Guides

- Addiction Overview, Dr. Corey R. Waller ([30-min Video](#)); ([0.5 CME Version](#))
- MAT for Stimulant Use Disorder: What We Know So Far, CA Bridge ([1-hr video](#))

Primary Care/Harm Reduction for People Who Use Stimulants

Presenter: Candy Stockton-Joreteg

Quick Tips

- Safer Drug Use ([PDF](#))

Guides

- Comprehensive Primary Care Guide for Patients who Drink Alcohol and Use Drugs ([PDF](#))

Getting to the Good Part, How to Take an Engaging Substance Use History

Presenter: La Donna Porter

Quick Tips

- Comprehensive SUD History Assessment ([PDF](#))

Guides

- PCSS Course: Principles of Motivational Interviewing: Useful for Primary Care Providers (1-hr, [1.0 CME Version](#))

Articles

- Ten Things that Motivational Interviewing Is Not (2009) ([PDF](#))

Motivational Interviewing Strategies to Help Increase Engagement in Care

Presenter: Joy Chudzynski

Quick Tips

- Stages of Change: Primary Tasks ([PDF](#))
- OARS-MI Processes-Readiness Ruler Card ([PDF](#))
- Ask-Tell-Ask Approach ([PDF](#))

Guides

- SAMHSA TIP 35: Enhancing Motivation for Change in SUD Treatment ([PDF](#))
- Motivational Interviewing: An Introduction ([17-min Video](#))

Articles

- Motivational interviewing with Primary Care Populations: A Systematic Review and Meta-Analysis (2014) ([PDF](#))

Methamphetamine Use Disorder: Mental Health Sequela and Treatment in Primary Care

Presenter: Joe Sepulveda

Quick Tips

- Methamphetamine Psychosis ([PDF](#))

Guides

- SAMHSA TIP 33: Treatment for Stimulant Use Disorders ([PDF](#))
- Guidelines for Physicians Working in California Opioid Treatment Programs (CSAM) ([PDF](#))
- Unhealthy Alcohol and Drug Use, Adult, Primary Care Clinical Practice Guideline ([PDF](#))

Articles

- The Profile of Psychiatric Symptoms Exacerbated by Methamphetamine Use (2016) ([PDF](#))
- Substance-Induced Psychoses: An Updated Literature Review (2021) ([PDF](#))

- Methamphetamine-Associated Psychosis: Clinical Presentation, Biological Basis, and Treatment Options (2019) ([PDF](#))
- Pharmacotherapy Treatment of Stimulant Use Disorder (2021) ([PDF](#))
- Aripiprazole and Risperidone for Treatment of Methamphetamine Associated Psychosis in Chinese Patients (2016) ([PDF](#))
- Effects of Mirtazapine for Methamphetamine Use Disorder Among Cisgender Men and Transgender Women Who Have Sex with Men (2019) ([PDF](#))
- Bupropion and Naltrexone in Methamphetamine Use Disorder (2021) ([PDF](#))

Equity and Justice in Substance Use Disorder Treatment

Presenter: H. Westley Clark

Quick Tips

- Words Matter: Terms to Use to Remove Bias from Your Language ([PDF](#))
- Racial Disparities in Access to MAT in California ([PDF](#))

Guides

- Annual National Report: Key Substance Use and Mental Health Indicators in the United States (Graphics from the Key Findings Report, SAMHSA 2022) ([PDF](#))
- Full Report: Key substance use and mental health indicators in the United States: Results from the 2021 National Survey on Drug Use and Health (SAMHSA 2022) ([PDF](#))

Articles

- Drug Overdose Deaths in the United States, 1999-2020 (2021) ([PDF](#))
- Buprenorphine Treatment Divide by Race/ethnicity and Payment (2019) ([PDF](#))

The US Overdose Crisis: Rapid Shifts in Fentanyl and Novel Synthetic Substances

Presenter: Joseph Friedman

Quick Tips

- Fentanyl: Drug Fact Sheet-DEA ([PDF](#))
- The Facts about Fentanyl-CDC ([PDF](#))

- One Pill Can Kill: Overview and Key Results ([PDF](#))

Guides

- Prescription Stimulant Misuse and Prevention Among Youth and Young Adults (SAMHSA 2021) ([PDF](#))

Articles

- Changing Dynamics of the Drug Overdose Epidemic in the United States from 1979 through 2016 (2018) ([PDF](#))
- Drug Checking in British Columbia (2021) ([PDF](#))
- Xylazine spreads across the US: A growing component of the increasingly synthetic and polysubstance overdose crisis (2022) ([PDF](#))
- Trends in Drug Overdose Deaths Among US Adolescents, January 2010 to June 2021 (2022) ([PDF](#))

What The Fentanyl! Understanding Fentanyl from the Primary Care Setting

Presenter: Arianna Campbell

Quick Tips

- Prescription Opioids and Heroin-Patient Education ([PDF](#))
- Naloxone: How to use Naloxone to Reverse an Overdose- Patient Education ([PDF](#))
- Fentanyl FAQ for Providers ([PDF](#))
- How to Recognize and Respond to an Overdose-Patient Education ([PDF](#))

Guides

- Guide to Naloxone Distribution ([PDF](#))

Articles

- Mortality Risk During and After Opioid Substitution Treatment: Systematic Review and Meta-Analysis of Cohort Studies (2017) ([PDF](#))
- Mortality Associated with Time In and Out of Buprenorphine Treatment in French Office-Based General Practice: A 7-Year Cohort Study (2017) ([PDF](#))
- Impact of Fentanyl Use on Buprenorphine Treatment Retention and Opioid Abstinence (2019) ([PDF](#))

Buprenorphine for Patients Using Fentanyl

Presenter: Reb Close

Quick Tips

- Buprenorphine Quick Start Guide-Providers ([PDF](#))
- Buprenorphine Self-Start Guide ([PDF](#))
- Starting Buprenorphine with Microdosing and Cross Tapering ([PDF](#))
- Clinical Opiate Withdrawal Scale (COWS) ([PDF](#))

Guides

- Buprenorphine – Frequently Asked Questions ([PDF](#))
- MAT Make it Happen: A Clinical Introduction to MAT for OUD ([PDF](#))
- Back to Basics: Buprenorphine 101 ([38 min Video](#))

Articles

- High-Dose Buprenorphine Initiation in the Emergency Department Among Patients Using Fentanyl and Other Opioids ([PDF](#))
- A Neuropharmacological Model to Explain Buprenorphine Induction Challenges (2022) ([PDF](#))